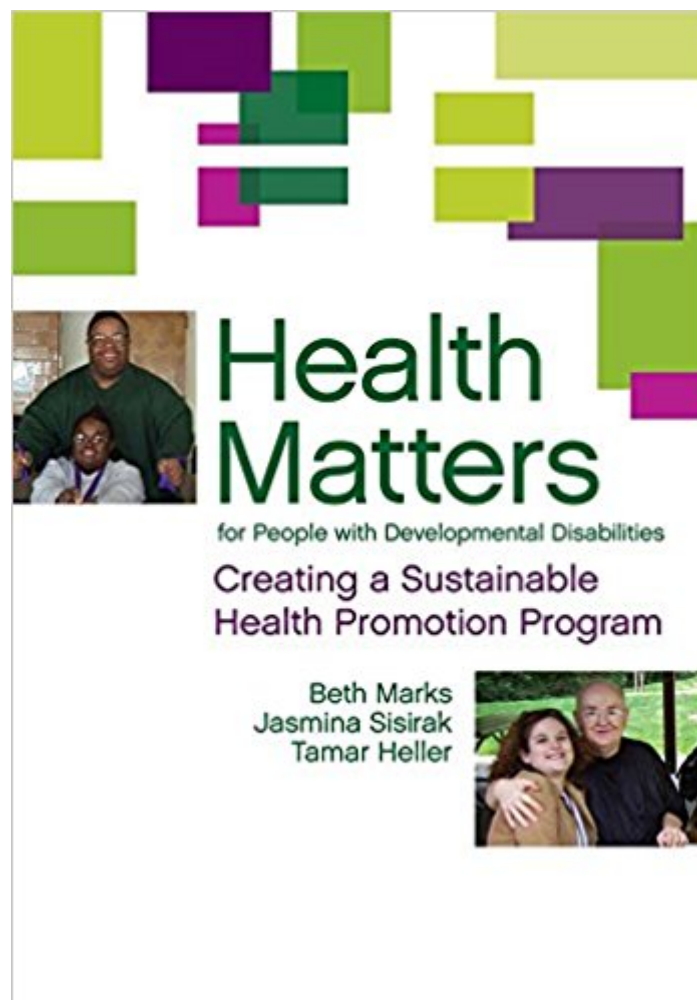




Ebook Directory
the best source of ebook

The book was found

Health Matters For People With Developmental Disabilities: Creating A Sustainable Health Promotion Program



Synopsis

Adults with developmental disabilities are at significant risk for health problems. Effective health promotion can improve outcomes – and that's why adult day and residential agencies, schools, and other organizations need this invaluable program development guide. An urgent call to action and a start-to-finish framework for health promotion, this book shows administrators and service providers how to increase supports for health education, exercise and nutrition by implementing their own successful program. With practical guidance on every stage of program development, readers will discover how to effectively communicate the key "selling points" of a health promotion program, from improved quality of life to reduced cost of health care win the support of everyone involved, from senior management to direct support staff manage practical aspects like budgeting, gathering resources, and recruiting staff use Universal Design to develop a program that welcomes people with intellectual, developmental, and physical disabilities motivate program participants with creative activities and strategies ensure lasting improvements in health behaviors by setting up environmental and organizational supports evaluate the program's outcomes and identify areas for improvement To help them implement their own health promotion program, readers will get practical planning tools: a "getting started" checklist a sample Program Timeline and budget lists of Internet and community resources and assessment tools for determining their participants' needs, their current resources, and the success of their program. The ideal complement to the proven Health Matters health education curriculum, this highly accessible program development guide will help service providers ensure better health – and better lives – for adults with a wide range of disabilities.

Book Information

Paperback: 176 pages

Publisher: Brookes Publishing; 1 edition (May 20, 2010)

Language: English

ISBN-10: 1598570005

ISBN-13: 978-1598570007

Product Dimensions: 7.3 x 0.5 x 10.3 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #242,958 in Books (See Top 100 in Books) #148 in [Books > Politics & Social Sciences > Social Sciences > Specific Demographics > Disabled](#) #169 in [Books >](#)

Customer Reviews

"The authors have carefully provided an easy-to-understand framework for establishing programs that will change lives . . . for people with and without disabilities." (Joan Guthrie Medlen, RD, LD)

Adults with developmental disabilities are at significant risk for health problems. Effective health promotion can improve outcomes. An urgent call to action and a start-to-finish framework for health promotion, shows administrators and service providers how to increase supports for health education, exercise and nutrition by implementing their own successful program. With practical guidance on every stage of program development, readers will discover how to effectively communicate the key "selling points" of a health promotion program, from improved quality of life to reduced cost of health care, win the support of everyone involved, from senior management to direct support staff, assess individual and organizational needs, develop clear and realistic goals, both for the organization and for program participants, manage practical aspects like budgeting, gathering resources, and recruiting staff, use Universal Design to develop a program that welcomes people with intellectual, developmental, and physical disabilities, motivate program participants with creative activities and strategies, ensure lasting improvements in health behaviors by setting up environmental and organizational supports, and evaluate the program's outcomes and identify areas for improvement. To help them implement their own health promotion program, readers will get practical planning tools: a "getting started" checklist; a sample Program Timeline and budget; lists of Internet and community resources; and assessment tools for determining their participants' needs, their current resources, and the success of their program.

[Download to continue reading...](#)

Health Matters for People with Developmental Disabilities: Creating a Sustainable Health Promotion Program Developmental Biology, Ninth Edition (Developmental Biology Developmental Biology) Foundations for Health Promotion, 4e (Public Health and Health Promotion) The ABCs of the ADA: Your Early Childhood Program's Guide to the Americans with Disabilities Act Your Early Childhood Programs' Guide to the Americans with Disabilities Act Health Promotion Throughout the Life Span, 7e (Health Promotion Throughout the Lifespan (Edelman)) Health Promotion and Disease Prevention in Clinical Practice (Health Promotion & Disease Prevention in Clin Practice) Health Promotion Throughout the Life Span, 8e (Health Promotion Throughout the Lifespan (Edelman))

Health Promotion in Nursing Practice (7th Edition) (Health Promotion in Nursing Practice (Pender))
Health Promotion Throughout the Life Span - E-Book (Health Promotion Throughout the Lifespan
(Edelman)) Health Promotion in Nursing Practice (Health Promotion in Nursing Practice (Pender))
Developing Staff Competencies for Supporting People with Developmental Disabilities: An
Orientation Handbook Developmental Disabilities: A Handbook for Occupational Therapists
(Occupational Therapy in Health Care Series, Vol 6, No. 2 &3) Learning Disabilities and Related
Disabilities: Strategies for Success Great American Vacations for Travelers with Disabilities: With
Complete Accessibility Information on Hotels, Restaurants and Attractions (Fodor's ... Vacations for
Travelers With Disabilities) Destination Disneyland Resort with Disabilities: A Guidebook and
Planner for Families and Folks with Disabilities traveling to Disneyland Resort Park and Disney
California Adventure Park Teaching Language to Children With Autism or Other Developmental
Disabilities Epilepsy and Developmental Disabilities, 1e Developmental Reading Disabilities::
Language-Based Treatment Approach (Clinical Competence) Developmental Disabilities:
Introduction to a Diverse Field A Comprehensive Guide to Intellectual and Developmental
Disabilities

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)